# Neighbors In Child Care

A Newsletter for Adults Who Care for Young Children

Summer 1992









### Dear Child Care Providers and Parents

Most of us can remember how long the summers used to seem and how long it was from birthday to birthday. When we were five, it seemed we'd never get to be ten, and at ten it seemed it would be forever until we were twenty. So often it is only by looking back at where they have been that children can see they are growing at all.

There are outward signs of growth that we can help children notice – clothes that get outgrown, pencil marks on a doorjamb that move up as they get taller. There are lots of things that they learn to do that we can remind them that they wouldn't have been able to do a month or a year before - tying a shoe, riding a tri

But while these advances bring satisfaction to children and parents alike, it's children's inside growth we particularly need to help them appreciate. "Growing on the inside" are the words I use when I talk with children about such things as learning to wait, learning to keep on trying, being able to talk about their feelings, and to express those feelings in constructive ways. These signs of growth need at least as much notice and applause as the outward kind. and children need to feel proud of them - even more proud than they may feel when that line on the doorjamb goes up another inch.

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Most Sincerely,

Fred Rogers

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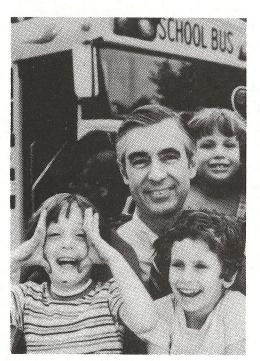
Neighbors in Child Care is published quarterly by WGTE Public Broadcasting Foundation of Northwest Ohio. This newsletter is part of the research and demonstration project, *Extending "Mister Rogers' Neighborhood" to Child Care*, a joint venture of WGTE and Family Communications, Inc., the producers of MISTER ROGERS' NEIGHBORHOOD. The project has been funded by the Corporation for Public Broadcasting.

For more information about the project, contact your local public television station. Or, call Karen Roadruck, Project Coordinator at WGTE, Toledo (419) 243-3091; or Sam Newbury and Hedda Sharapan, Project Coordinators at Family Communications, Inc. (412) 687-2990.

### Going to School

MOST CHILDREN ARE naturally eager to learn and to enjoy the world of the "bigger kids" who already go to school or an early learning center. But like other important times in our lives, starting school can bring mixed feelings. Some young children may even imagine that being sent to school is a punishment. They may feel that they are less important to the family because they are away from home. They may feel quite jealous of younger brothers and sisters who get to stay home.

When children feel uncertain about a new experience they sometimes behave in the ways they did when they were younger. They may cling more closely to their parents. Some may suck their thumbs again. Others may forget their toilet training now and then. It's not surprising for a child to ask for many kinds of extra attention or reassurance.



Fred Rogers helps children prepare for going to school during the month of August on MISTER ROGERS' NEIGHBORHOOD.

Encouraging children to talk about what they might be thinking is one of the best ways to help them prepare for their first days of school. Telling them the truth about how you felt when you were their age can help them realize that they are not alone with their feelings.

A special booklet, "When Your Child Goes To School," is available for parents and child care providers to help the children they work with deal with this important transition. Single copies are free if you send a self-addressed, stamped, business-size envelope to:

"School" c/o MISTER ROGERS' NEIGHBORHOOD 4802 Fifth Avenue Pittsburgh, PA 15213

### August is "Back to School" Month on MISTER ROGERS' NEIGHBORHOOD

· August 10-14 features a week of programs on "School."

• August 17-21 features "Josephine the Short-Neck Giraffe," a Mister Rogers musical about a young giraffe who learns that "school is for growing."

• A new week of MISTER ROGERS' NEIGHBORHOOD programs premieres August 24-28 highlighting "Learning." These programs are described in this newsletter and emphasize the different ways we learn and keep on learning all through our lives.

#### SO WE'VE HEARD: More Feedback on "Extending the Neighborhood"

As of May 1992, 126 PBS stations and agencies have used the teleconference *Extending "Mister Rogers' Neighborhood" to Child Care*. Child care providers from all over the country have given us some of their comments, which we would like to share with you:

"Thank you! Mr. Rogers has been my professional idol for 15 years and I am thrilled to have a way to incorporate his influence into my program." (*Boise, ID*)

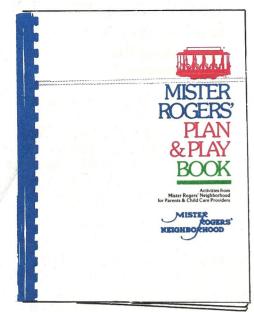
"I liked the emphasis on the fact that this program is supportive of the caregiver's efforts and not a substitute for them." (*Cambridge, MA*)

"When I first signed up to come to this conference, I felt like TV was not a learning tool for a child care center. After attending the conference, I feel that the MISTER ROGERS' NEIGHBOR-HOOD curriculum will benefit the children as well as the teachers at my center." (Mobile, AL)

"I was skeptical at first, but I didn't realize MISTER ROGERS' NEIGH-BORHOOD was so informative and dealt so thoroughly with children's feelings. The book is great! This should definitely be an asset to all child care centers and schools." (Orlando, FL)

"I like the way the conference was done in a very professional way... It reminds me of how precious and valuable children are in our lives and how we have only one chance to implant values in a child's heart." (*Belleville*, *IL*)

"[The teleconference] was exceptional viewing...[and] offers clear, precise suggestions on how to use MISTER ROGERS' NEIGHBORHOOD in child care. Fred Rogers has given us a tremendous tool to teach with... Can you imagine a generation of children touched by this program?" (*Traverse City, MI*)



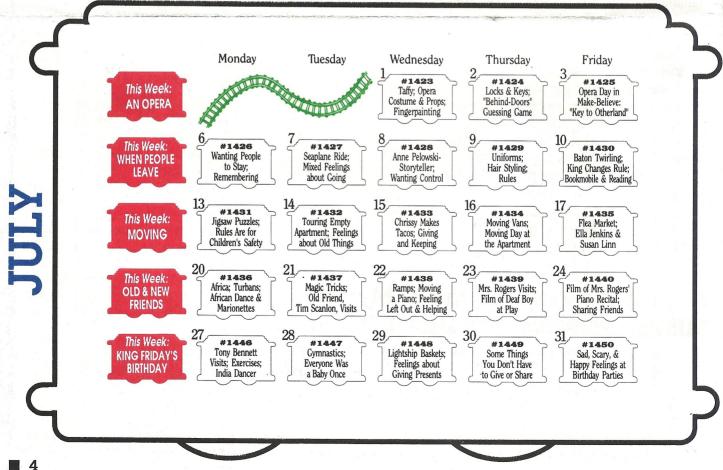
### How to Use the Trolley Schedule

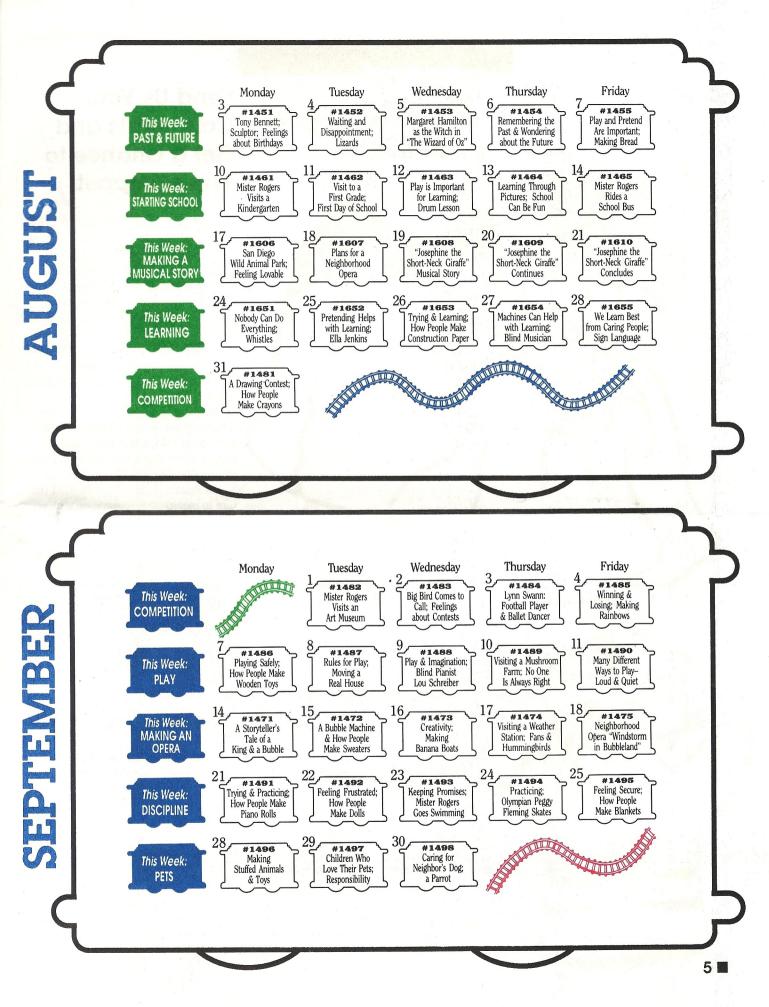
THE TROLLEY SCHEDULE identifies episodes of MISTER ROGERS' NEIGHBOR-HOOD that PBS stations broadcast on specific dates. (Check with your local PBS station to find out if it broadcasts MISTER ROGERS' NEIGHBORHOOD on dates different from those on the Trolley.) The specific episode number corresponds to the program description and activities in the Mister Rogers' Plan & Play Book. The Trolley also shows days, dates and themes of the week.

Mister Rogers' Plan & Play Book is designed for use by parents, caregivers, early childhood educators and other child care providers. In addition to over 350 pages of clearly-written and easy activities, the book also includes words to many of the songs from MISTER ROGERS' NEIGHBORHOOD and a special section with recipes and how-to's. Copies may be ordered from Family Communications, Inc.; call the FCI Marketing Department at 412-687-2990 for current order information. Or, contact your local public television station.

#### **A** Special Note

FRED ROGERS produces three new weeks of programs each year. These episodes are not included in the Mister Rogers' Plan & Play Book - however, the new week for August 24-25 IS included in this newsletter. The new activities will also be available this fall in a supplement that will fit neatly into the back pocket of your Plan & Play book. The 1992-93 PBS broadcast schedule that lists the entire next year's topics for MISTER ROGERS' NEIGHBORHOOD may be sent to you with this newsletter, or is now available from your local PBS station. The 1992-93 season will be MISTER ROGERS' NEIGHBORHOOD's 25th season on PBS.







### Send Us Your Comments and Get a Chance to Win a Puppet!

This newsletter, NEIGHBORS IN CHILD CARE, has been part of the research and demonstration project funded by the Corporation for Public Broadcasting, called Extending "Mister Rogers' Neighborhood" to Child Care. Your opinion is valuable to WGTE-Toledo and all of those working with the project as we consider the future of this publication. We need your input about what you like and what you want included in possible future issues.

It will take only a moment of your time to return the questionnaire on the next page (it's a self-mailer – all you need is a stamp and some tape). It may also be faxed to WGTE's offices, attn: Karen Roadruck, at (419) 243-9711 (be sure to include the information with your name and address).

And, you'll get something back for returning your questionnaire! Everyone who returns the next page in a timely manner with their comments will be entered in a drawing, to be held July 31, 1992 at WGTE in Toledo, for a MISTER ROGERS' NEIGHBORHOOD puppet. One puppet will be awarded to each of four randomly picked winners.

So don't wait – return your form NOW so you can be entered in the drawing for Henrietta Pussycat, Daniel Striped Tiger, King Friday XIII, and Queen Sara Saturday!

For more information, call Karen Roadruck, WGTE, at (419) 243-3091.

## PARENTS' PAGE

## TV Viewing Tips for Summer

Children average 25 hours a week watching TV. Although your children may be involved in more outside activities during the summer, they may also watch more television because they are not in school. Your guidance in using TV is perhaps even *more* important, then, in summer.

Parents and child-care providers together can help children reap the benefits from television programs. Here are several suggestions offered by the Corporation for Public Broadcasting and your local PBS station.

- Encourage children to watch high quality, creative programs. Your public TV station can tell you what's on this summer.
- As a family, plan your week's television viewing schedule together. This will help your children understand about choices and about when to turn the TV on or off.

- Try to watch programs *with* your children as much as possible. Then discuss what you've seen.
- Touch base with your children's child-care provider or teacher for recommendations about TV programs that would be helpful and activities that might build on what is learned from the programs.
- Use television as a springboard to interest your children in learning about other places and/or activities.
- Follow-up TV viewing with activities or trips to help extend what the children have seen or learned. Consider a trip to the local library or museum, or plan a hands-on activity to reinforce what the children have seen on television.

## IIII

Watch MISTER ROGERS' NEIGHBORHOOD on your local PBS station.

### WILL¤12

7:30 am Monday – Friday 11:30 am Monday – Friday 10:00 am Sunday MISTER ROGERS' NEIGHBORHOOD is produced by Family Communications, Inc., a not-for-profit corporation that produces audio, video and print materials designed to encourage communication between children and adults. For more information and a catalog, please write or call: Family Communications, Inc., Dept. A, 4802 Fifth Ave., Pittsburgh, PA 15213; 412-687-2990.

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### Plan & Play Activities – August 24 -28 Theme: Learning

Every year, MISTER ROGERS' NEIGHBORHOOD premieres a number of new episodes. We are including preliminary descriptions for the new week of programs about "Learning" for August 24-28, 1992, as a special preview for child care providers. (Check your local PBS station for exact air dates and times for these episodes, #1651-1655.) Please note that the programs' content may change slightly as they are produced.

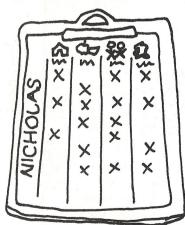
Plan & Play activities are also given here, because they are not included in your *Mister Rogers' Plan & Play Book*. Full-length activities and program descriptions will be part of the Plan & Play Book supplement, available in the fall.

THOUGHTS FOR THE WEEK from Fred Rogers: Most children are naturally eager to learn, right from the time they are born. Learning for them comes from the inside out as children try to make sense of the world through their feelings and experiences. My grandfather was one of those people who loved to live and loved to teach, and every time I was with him, he'd show me something about the world or something about myself that I hadn't even thought of yet. I loved him so much and wanted to please him so much, I think I would have learned anything he wanted to teach me. Over the years as I have grown and learned through my work, I've come to understand that learning happens best when it comes through a caring relationship.

## #1651

Mr. McFeely delivers a collection of whistles to Mister Rogers by mistake. He is having difficulty learning the new computer delivery system. In the Neighborhood of Make- Believe, Robert Troll is helping to take the Make-Believe world census and wants to know who has learned to whistle. Songs: "There Are Many Ways;" "You're Growing"

#### **CENSUS TAKING**



You and the children could take a census of your own group today. First, you'll need a chart that has each child's name listed down one side, and the questions they want to ask indicated across the top. For each question, encourage the children to think of a symbol they could paste at

the top of the column to help them remember the question. For instance, if the children want to ask about addresses, you could cut out a picture of a house and tape it at the top of the first column. If they want to ask about favorite colors, you could place a picture of crayons or paints at the top of the second column. Throughout the day, you can invite individual children to tell you their answers to the questions (being careful not to pull them away from their own important play). Older preschool children might want to interview someone else and record the information on another chart. As you record information on the chart, you might talk with the children about likenesses and differences among people's responses. What a good opportunity to remind children that each person is special!

## #1652

Mister Rogers brings the broken tube from a vacuum sweeper and uses it to pretend that he is an elephant with a long trunk. Then he shows how to pretend to be an elephant by using his arms for a trunk. Ella Jenkins visits Mister Rogers and teaches him a new song. In the Neighborhood of Make-Believe, Lady Aberlin is continuing her wind research. Song: "We Are Elephants"

#### LEARNING TO PRETEND

You can encourage children to pretend by asking them to imagine they are something else. For instance, they might want to imagine they are elephants today and pretend that they have long trunks that swing as they walk. Some children might want to pretend to be the wind and move around the room, waving scarves or streamers. You can provide music and encourage children to change their movements to match the music. See if the children have other ideas about what they could pretend to be, and encourage them to act out the movements that represent the role.



## #1653

Mister Rogers brings a paper chain made from strips of construction paper. Before he could use scissors, Mister Rogers would tear paper for projects he was working on. He shows an example of torn paper strips in his paper chain. Mr. McFeely delivers a videotape that shows how people make colored construction paper. Song: "You've Got To Do It"

#### PAPER CHAIN DECORATIONS



One activity that allows children to practice simple cutting is to help them make paper chains or other decorations from strips of colored construction paper. Older children can cut strips from a standard sheet of construction paper, but you might have to help inexperienced cutters by providing longer strips and showing them how to use scissors to snip the strips in half. If using scissors is beyond the ability of the children in your care, you can encourage them to tear strips of paper. If children want to make paper chain decorations, show them how to make a loop and glue it together. Threading a second strip of paper through the loop may require some assistance. Children who do not want to make paper chains might want to glue their torn or cut paper strips onto background paper for a different kind of decoration. Your patient and caring approach to teaching even simple tasks is what makes learning an enjoyable experience for children.

## #1654

In the Neighborhood of Make-Believe, the children in Ms. Cow's class are planning a field trip. Mister Rogers says that a field trip does not have to be a trip to a "field," but can be any trip that is taken away from where you live or work. Songs: "Did You Know?" "I'm a Man Who Manufactures"

A NEIGHBORHOOD FIELD TRIP bus stop, a neighbor's house, a school, a library, a post office, or other community building. You'll have to take into consideration the ages of your children as you begin to plan how many sites to visit. Even a simple trip to one of these places may be all that you can manage with young children. Some caregivers prefer to take a walk through the neighborhood first, pointing out various places that they could plan to visit on other occasions.

## #1655

Mister Rogers brings an assortment of batteries and matches them to a collection of objects needing batteries. He closes the curtains to the room and uses a flashlight to explore the semi-darkened room. Song: "It's the Style to Wear a Smile"

#### FLASHLIGHT POWER



You and your children can plan a field trip around your own neighborhood today. As you talk with the children about places they might visit, begin making a list on a large sheet of paper. For instance, you could suggest visiting the grocery store, a construction site, the



If you have an assortment of batteries and flashlights, you could let the children discover which batteries belong in which flashlight. Then let the children take turns using a flashlight to explore a semi-darkened room. You can dim the lights or close the curtains. If you have children who are afraid of the dark, you might want to keep the room fairly light, but dark enough to be able to see the flashlight. Children might need to be reminded not to shine the light directly into anyone's eyes as they take turns with the flashlights. If you are comfortable allowing the children to play with the flashlights throughout the day, you can make them available in the pretend play area and see how many ways children use flashlights in their makebelieve.



### Look Inside to See How to Win a Puppet!

Four lucky people will each win one of four puppets from MISTER ROGERS' NEIGH-BORHOOD in a drawing to be held on July 31, 1992, at WGTE in Toledo. To learn how to enter, turn to pages 6-7. And the puppets are...

#### **Daniel Striped Tiger**

...a shy young tiger who became tame when he learned not to bite anything but his food. He enjoys all the things that most children like, as long as they aren't too scary. He often needs encouragement to try something new.

#### Henrietta Pussycat

...lives in a tree house that sits on a branch of X the Owl's tree, and X the Owl is her best friend. She loves to dress up in fancy clothes, and though Henrietta says "meow" instead of most words, her friends in the Neighborhood usually understand what she is saying.

#### Queen Sara Saturday

... is calm and sensible. She is involved in many Neighborhood projects, and is concerned with the thoughts and feelings of her family and friends.

#### King Friday XIII

...rules the Neighborhood of Make-Believe. He demands – and often gets – respect from everyone, but beneath his stern and sometimes unreasonable exterior is a caring person who wants the best for his family and his neighbors.

